

THE OPTIMIST CREED

PROMISE YOURSELF...

To be **so strong** that nothing can disturb your peace of mind.

To talk **health, happiness and prosperity** to every person you meet.

To make all your friends **feel that there is something in them.**

To look at the **sunny side** of everything and make your optimism come true.

To **think** only of the best, to **work** only for the best, and to **expect** only the best.

To be just as enthusiastic about the **success of others** as you are about your own.

To forget the mistakes of the past and press on to the **greater achievements** of the future.

To wear a cheerful countenance **at all times** and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have **no time to criticize others.**

To be too large for worry, too noble for anger, too strong for fear, and **too happy** to permit the presence of trouble.

