

Club members, friends and District Officers are bcc'd this note.

Farmington/Farmington Hills Sunnyside Newsletter

Farmington/Farmington Hills Optimist Club

"We provide hope and a positive vision, as we bring out the best in our youth, our communities, and ourselves."

3rd Qtr. District Virtual Conference, May 15, 8:30am- 1:30pm

All club members are invited. Have you signed up yet? Register in advance for this meeting:

https://zoom.us/meeting/register/tJwsceGgpjstHN33_oYSwckTZGXWpJxIP1yj

After registering, you will receive a confirmation email containing information about joining the meeting.

Golf Outing News

Golf Committee Meeting this Thursday at 7:30 am. Roxanne will send out the zoom link to meeting.

The Golf Committee is currently accepting raffle gifts. Each member is requested to contribute a gift card or gift certificate in the amount of at least \$25. Please contact Cathy Neal, 248-568-6203, for pick up or if you have any questions.

JH Burns Beloved Community Conference Schedule

Rev. John H. Burns was one of our Optimist Club members when he passed away a few years ago. Dr., Rev. Patricia Coleman-Burns, his widow, has continued his legacy with the Beloved Community Initiative. Attached is the schedule of the 2nd annual conference. Registration is FREE and if you cannot make the entire conference, please join where you are able!

Website: f2hoptimists.org

Facebook: Farmington/Farmington Hills Optimist Club

Calendar (All club meetings 7:30 am to 8:30 am by Zoom)

May 5	Board of Directors Meeting
May 12	Club Business Meeting
May 15	3 rd Quarter District Conference
May 19	Conner Osborn, GFA Chamber of Commerce

May 22
May 26

JOI
Deb Drennan, CEO, Freedom House

CHOOSE OPTIMISM

Attachments:

2nd Annual JH Burns Beloved Community Conference Flyer

JH Burns Beloved Community Conference Schedule ***“Healing Through Trauma—Solidarity Not Uniformity”***

Friday, May 14

3:30-4:00 pm **Check in and Welcome** - Michael Bridges, Conference Chair and Rev. Dr. Patricia Coleman-Burns, Pastor, First African Methodist Episcopal Church of Farmington Hills

4:00- 5:00 pm **Breakout Session #1**

A. **Managing Stress & Living your Best Life** by Dr. Andrea Taylor This workshop will educate participants on the realities of stress; including the influence of social, environmental and health factors, explore the causes and signs of problematic stress and empower participants with strategies for stress management.

B. **Healing through Trauma** by Dr. Sharon Hobbs, Clinical Psychologist

5:00 – 6:00 pm **Breakout Session #2**

A. **Healing with Friends- Trauma Informed Yoga** by Alana Abdal/Bodhi Yoga
As a community we have experienced unprecedented trauma over the last 15+ months. Learn to connect with your body to begin the healing in a safe and empowering space.

B. **Healthy Movement for Healthy Bodies** by NOVI Doctors of Physical Therapy Session

C. **Children’s Story & Activities Hour**--Farmington Community Libraries

6:00 - 7:30 pm **Special General Session Panel:**

Conversations on Race: How to Talk About the Hard Topics (Specialized breakouts for 11th graders and above)

Dr. Irene Lietz, Rev. Louis Forsythe, and guest panelists

Sat, May 15

9:00 - 9:30 am **Check in and Welcome** Michael Bridges, Conference Chair and Rev. Dr. Patricia Coleman-Burns, Pastor, First African Methodist Episcopal Church of Farmington Hills

9:30-10:30 am **Breakout Sessions #1**

A. **Refugees/Asylum Seekers/Immigrant Rights:**

“What we need to Know- Why We Should Care”

Deb Drennan, Executive Director Freedom House Detroit and Seydi Sarr, Executive Director, African Bureau of Immigration & Social Affairs ABISA

B. **Get to Know Your School Board Trustees: Coffee Hour**

Dr. Cheryl Blau, Trustee

Mable Fox, Trustee

Angie Smith, Trustee

Donald Walker, Trustee

C. **Criminal Legal Reform: Why it’s Important to ALL of us!**

Rodd Monts, ACLU, Campaign Outreach Coordinator on Bail Reform

Rick Speck, Safe & Just MI, Community Engagement Specialist on the Clean Slate Initiative

10:30 - 10:45pm

<<< Personal Break - Zoom Room>>>

10:45-11:45

Breakout Sessions #2

D. Addressing Critical LGBTQ Issues and Advocacy:
Dave Garcia, Executive Director Affirmations

E. Human Trafficking: Here-There-Everywhere Finding Safety
Edee Franklin, Founder and Organizer of Sanctum House

F. Voter Suppression: What We Can Do About It!
Kim Murphy-Kovalik, Organizer, Voters Not Politicians
Scott Reilly and Charles Thomas, ACLU People Power

<<<Personal Break>>>

12:00-1:00 pm

General Session:

Policing Grant Panel: Hudson Webber Facilitator-Jessica Drake;
Rev. Dr. Patricia Coleman-Burns, FAME and BCI
Dr. Sekeita Lewis-Johnson, BCI
Danielle Ware, Community Equity Organization

1:10-2:10 pm

Breakout Sessions #3

G. How to Become an Agent for Social Change!
Delisha Upshaw, Chair, Livonia Citizens Care About Black Lives

H. Embracing Diversity in Oakland County+:
Dave Coulter, Oakland County Executive and Robin Carter-Cooper,
Chief Diversity, Equity and Inclusion Officer

2:15-3:25 pm

Conversations on Leadership for Young Activists:

Invited Speakers:
Rep. Samantha Steckloff, Dist. 37 and Dr. Bobbie Goodrum, Interim
Superintendent of Farmington Public Schools will lead a discussion with
young activists and student leaders related to the Conference theme and
other issues important to youth. Co-Moderated by Laura Hedgecock of
Youth United & Dr. Patricia Coleman-Burns

3:30 pm

Wrap Up and Awards Presentation

Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZ0pc-mhrj0oHdTSA4Mn350lkkFJROwk_nf

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